# STINGER TATTOO

# Tattoo Aftercare

**SMALL TATTOOS (took under an hour):** remove bandage after 4-6 hours **LARGER TATTOOS:** remove bandage after 12-24 hours

Begin by washing your hands, and with a mild soap that is free of dyes or perfumes (**Dr. Bronner's, Dove, Ivory**), wash your tattoo in cool water. Remove all blood, ink, and ointment residue. Pat dry with a clean towel.

Keep your tattoo clean by washing it twice a day. Be sure to always pat and not rub dry, always with a clean towel.

When tattoo is no longer sticky or tacky to the touch, begin by applying a thin layer of a white, water based lotion, that is free of dyes or perfumes (**Tattoo Goo Lotion, Lubriderm, Kerry, Curel**). Use sparingly, 3-4 times a day.

Tattoo healing takes approximately 7-14 days, during this time it will form a scab and begin to flake. It should feel like a mild sunburn. Continue to lotion your tattoo during this time, until there are no longer any signs of scabbing or flaking.

### **HELPFUL HINTS:**

- Always wash your hands before touching/applying lotion to your tattoo.
- Do not re-bandage your tattoo
- Do not pick or scratch your tattoo. Doing so can cause ink loss and infection.
- Do not submerge your tattoo is water for long periods of time (no baths, hot tubs, swimming) doing so can cause your scab to come off prematurely, causing ink loss, lengthened and poor healing, along with putting you at a higher risk of infection.
- Do not expose your new tattoo to direct sunlight. It has no sun blocking abilities and it
  will burn. Once your tattoo is fully healed, you must always apply sun block when it is
  exposed outdoors or to tanning beds, as UV light will cause your tattoo to age and fade
  quickly.
- Do not use any products not recommended by your tattoo artist (vaseline, polysporin, scented lotions, preparation h, alcohol, hydrogen peroxide, ointments or oils) these products can cause adverse skin reactions, infections, prolonged healing and ink loss. If in doubt, please contact the shop by phone or email.
- If your tattoo appears to have a milky film on it, you are using too much moisturizer. Cut back the amount you are using, or the number of times a day you are applying it.
- If your tattoo feels tight, the scab is cracking or bleeding, it is extremely itchy or uncomfortable, you are not using enough moisturizer. Apply enough so that the skin is soft and supple, but not mushy.
- Please be aware that even if you follow all these instructions, it is possible for your hand/finger/foot tattoo to heal poorly. As such, we cannot offer any discounted touchups on these tattoos.

If you have any questions or concerns, please contact us, or stop by!

STINGER TATTOO

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# STINGER TATTOO

# PIERCING AFTERCARE

#### **HOW TO MAKE SALT SOLUTION:**

Add ¼ to ½ teaspoon sea salt to 1 cup of warm water. Stir.

#### A NORMAL PIERCING:

- May secrete a cream coloured discharge which may crust on the jewelry.
- May be tender, sore, uncomfortable, slightly red, or mildly bruised for a few days.

# HOW TO CLEAN YOUR PIERCING: (navel, ear, eyebrow, nipple, surface piercings)

- Wash your piercing only once a day with a mild non-scented soap (Dial, Dr. Bronner's, Spectro Jel ) preferably in the shower.
- Work up a lather and gently wipe over the piercing.
- Do not scrub the piercing.
- Do not use any products including alcohol, peroxide, bactine, etc.
- Do not turn your piercing. It will affect the healing process and is one of the worst things you can do to it.
- Do not touch your piercing during the healing process.
- Sea salt is good for the healing process when applied daily.
- Soak the piercing using a small glass of your sea salt solution. Press the glass against your skin to make a seal so the solution can't escape. Hold it there for around 10 minutes.
- Rinse with water and leave it.

#### **NOSTRIL PIERCING:**

- Wet a Q-tip with soap water and gently circle the piercing.
- Rinse well with water.
- Do not clean the inside of the nostril.

### LIP PIERCING:

- Clean the same as oral piercings for the inside portion.
- For the outside portion of the lip spray with salt solution or gently clean once a day with soap.

## **ORAL PIERING:**

- Rinse your mouth with a sea salt solution or mouthwash without alcohol 1 to 2 times a day.
- Do not rinse every time you eat. This may cause a serious yeast infection called Candidaisis also known as Thrush.

# WHEN CAN I REMOVE THE JEWELRY OR CHANGE IT?

- Do not change your jewelry for 6 to 8 weeks after it was performed.
- If there is no infection, you can permanently remove the jewelry whenever you want.

### **BAD THINGS FOR YOUR PIERCING:**

• Alcohol, peroxide, turning, over cleaning, touching.

## **INFECTIONS AND THEIR TREATMENT:**

- Infections can be detected by yellow or green puss, redness around the piercing site that may be hot to touch.
- If you think you have an infection do not remove the jewelry.
- If you remove the jewelry you will be trapping the infection under the skin.
- If you think you have an infection come in and have one of our piercers take a look at it.

Following these directions will make your healing process go smoothly. Contact us with any questions.

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